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Children's Book: "Just The Way I Am": How To Build Self Confidence & Self-Esteem In Children's Books For Ages 2 4 8 (Bedtime Stories Early Readers Picture Books In Kids Collection Book 3)



Synopsis

**** Prime Members can download this book for FREE! **** Children's Book: "Just The Way I Am"
(How to Build Self Confidence & Self-Esteem in children's books for ages 2 4 8) Many children suffer from lack of self-confidence, self-doubt and low self-esteem. They might have a problem in school/pre-school or any other social activity to win friends or to be noticed and accepted as a part of the group. As a young child, I was very quiet and introverted. I had no confidence in myself, neither about the way I looked, nor how I spoke, or how to make contact and interact with other children. As in my other books, I wrote this book from a real desire to help children with the questions: * How to improve their self-confidence * How to boost self-esteem * How to overcome fear and self-doubt * How to believe in themselves * How to think positively * How to overcome obstacles * How to face rejection * "no one is perfect" * How to conquer their fears * How to be strong, brimming with courage and fortitude This is a touching and funny story, about a young child that discovers that he has a birthmark on his hand. He learns how to deal with it right up to the surprising end. A great deal of time and effort was invested in the illustrations of this book, as well as the idea behind the story, and binding it all together into a lovely children's story with great values. If you would like that your child not miss out on opportunities in life because of his/her lack self-confidence; whether it be public speaking; taking on leadership roles, or asking someone for a date; then we should teach them the lessons of how to face the challenges and situations they may not be equipped to handle, while they are still young, and before it is too late. **** Prime Members can download this book for FREE! ****

Book Information

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Customer Reviews

One of my sisters was born with a prominent port wine birthmark that she was ashamed of for many years. Eventually, she came to appreciate its rarity and took some degree of pride in it. In the story "Just the Way I Am," young Andrew has noticed a blemish on his arm and is alarmed by it. He tries unsuccessfully to make the embarrassing spot go away, and finally turns in desperation to his mom. She alleviates his concerns by explaining what a birthmark is and how individual they are. On one level, the illustrated rhyming story explains birthmarks and why they are simply harmless blemishes and nothing to worry about. On a deeper, more meaningful level, however, the story serves to reassure kids that cosmetic differences in people should be accepted and that they don't affect who the person is. They can even be cherished and celebrated. It's a good lesson for youngsters to learn at an early age.

Having become an admirer of the manner in which Idan Hadari creates his children's books, it is always with pleasure to see a new one placed before the public. He couples fine rhyming verse with excellent story lines and embellishes his book with excellent illustrations - never plying but always with a degree of realism that children can relate to and find similarities with their own lives. Andrew is a fine lad who performs his personal chores especially at bedtime. But one evening he notices a brown stain on his arm - a worrisome and ugly mark that won't wash off and causes him so much embarrassment that he decides to cover it with a sticker so that no one at pre-school will notice it. That works for him but the next day after showering the mark is still there. He decides to draw a flower over it: that doesn't last either. He decides to wear a sweatshirt to cover it but the summer heat makes him uncomfortable. Finally he shares his fright and his brown spot with his mother who explains the spot is not a stain but a birthmark much like his father has on his back. His mother assures Andrew that she loves him and reassures him that it is a birthmark that should make him feel unique. And sure enough the next day when he shares his birthmark with his fellow students

they consider him a star! This is a gentle story that reinforces self-confidence and self-esteem and traits they may have that make them unique. Every child can relate to this - and hopefully grow to appreciate their own special gifts. Grady Harp, September 13

Just The Way I Am: How to Build Self Confidence & Self-Esteem in children's books for ages 2 4 8 (Bedtime Stories for Early Readers - Picture Books in Kids Collection) (Volume 3) by Author Idan Hadari Andrew is a responsible little boy who is about to attend preschool. He tries to be independent by doing his daily routine of brushing his teeth and washing his face. One night in particular, he notices a brown stain on his arm and tries in vain to remove it. After much scrubbing with soap and water he is distressed to see that he is unable to do so. Andrew then decides to be creative by putting a big sticker on the disturbing stain in order to disguise it. It works wonderfully well but only for a short time. He subsequently decides he must come up with a more permanent idea to cover it up. After a few more unsuccessful attempts, Andrew cannot hide his concern from his mom. Once he shares how upset he is about his blemish, he is very pleased with her explanation and how special she makes him feel. Birthmarks are very special indeed because "God had marked Andrew in a very special way". Written in rhyme...with bright and colorful illustrations...Author Idan Hadari does a fine job of reminding children that they are perfectly fine just the way they are. Great self-esteem builder! Inspirational Author & Book Reviewer ~ Dolores Ayotte Up The "Down" Ladder: Simple Ideas to Overcome Depression

I chose this rating for this book as five stars because I felt that Idan did a great job in creating this story for the very young at heart and age! She used nice size photos and nice size print also for young kids and for parents reading to them perhaps in the evening at the time when those kids need to go to sleep for them to continue to grow. And also for when the child will eventually be able to read this story on his/her own. I liked the book for all the above reasons stated above. I recommend this book for the young children ages 2 and up to age 8 at least other people may enjoy this book too, especially those who have a limited ability to read above this reading level. Thank you author for making this book available for free so that I and others may be able to read it and enjoy it? As well as for me to be able to do this review for you. Thanks for the free book to do this review in exchange for the free book! By Angela L.

Andrew is a young preschooler who tries to be very responsible. One night while washing his face and brushing his teeth, he notices a stain on his arm. Andrew becomes agitated over what his

friends at school might think so he places a sticker on it to hide it. Of course the next night the sticker washes off and the stain reappears. Andrew comes up with two other solutions to hide it, which don't work either. Finally, he turns to his mother with the problem. She explains that both he and his father have birthmarks, which God has given them as a sign of uniqueness. These do not diminish their worth in any way. Andrew is reassured that being different is no cause for despair. I love the way the author creates a spirit of independence and self-reliance in Andrew. He turns to his mother only when he has tried hard to solve the problem himself. This story is written in verse which flows fairly well, and the illustrations are soft and charming. My only disappointment is that more cultural diversity might have been shown in the illustrations of classmates at school. Parents and educators should note that the book clearly has a Christian focus in saying that God has marked Andrew in a special way. However, this book surely encourages children to avoid peer pressure and express joy in their own uniqueness. As such, the book can be used as a teaching model.

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